June 29, 2024

RESULTS - PROVISIONAL

M Open - 12km 500m

Pos	No.	Name	Club	Cat	Time	Behind
1st	53	Timothy Johnston	Annadale Striders	M	00:51:20	
2nd	134	Ryan Stewart	Unattached	М	00:52:02	+00:00:42
3rd	18	Ashley Crutchley	Newcastle AC	М	00:52:35	+00:01:15
4th	132	Jonny Steede	Glens Runners	MV40	00:54:43	+00:03:23
5th	54	Glynn Johnston	BARF	MV45	00:55:42	+00:04:22
6th	79	Paul Mcanespie	Armagh AC	MV50	00:57:31	+00:06:11
7th	34	Stephen Duncan	Omagh Harriers	MV50	00:58:01	+00:06:41
8th	69	John Marrs	Unattached	MV45	00:59:07	+00:07:47
9th	88	Michael McGreevy	Newcastle AC	M	01:00:36	+00:09:16
10th	4	Richard Bell	Mourne Runners	MV45	01:01:12	+00:09:52
11th	136	Peter Tees	Springwell Running Club	M	01:01:17	+00:09:57
12th	128	Billy Reed	East Antrim Harriers	MV55	01:02:08	+00:10:48
13th	20	Ronan Davison-Kernan	BARF	M	01:02:35	+00:11:15
14th	84	Cameron McFarland	Unattached	M	01:03:31	+00:12:11
15th	39	William Fleck	Ballymena Runners	MV45	01:03:46	+00:12:26
16th	52	Ben Johnston	Unattached	M	01:03:48	+00:12:28
17th	49	Stephen Hoey	Jog Lisburn Running Club	MV55	01:05:20	+00:14:00
18th	73	William Johnston Mc Causland	Unattached	M	01:05:29	+00:14:09
19th	129	Simon Reeve	Unattached	MV45	01:05:59	+00:14:39
20th	10	Cameron Brush	BARF	M	01:06:19	+00:14:59
21st	71	Dale Mathers	Mourne Runners	MV60	01:06:50	+00:15:30
22nd	126	Jack Proctor	BARF	M	01:07:00	+00:15:40
23rd	32	Mark Dugan	Ballydrain Harriers	MV55	01:07:02	+00:15:42
24th	15	Clive Coffey	Physio & Co	MV55	01:07:06	+00:15:46
25th	55	Mike Jordan	Brothers Pearse AC	M	01:07:09	+00:15:49
26th	12	Paul Carron	Enniskillen RC	MV40	01:07:11	+00:15:51
27th	80	Oliver McBride	Unattached	M	01:07:39	+00:16:19
28th	140	Andrew Topping	East Coast AC	MV60	01:08:23	+00:17:03
29th	8	Darrell Brogan	Omagh Harriers	M	01:08:25	+00:17:05
30th	143	Fearghal Ward	Unattached	M	01:08:29	+00:17:09
31st	5	Owen Boden	Mourne Runners	MV45	01:08:42	+00:17:22
32nd	59	Gareth Kelly	Armagh AC	MV45	01:09:13	+00:17:53
33rd	3	Zachary Askham	BARF	M	01:09:38	+00:18:18
34th	149	Joe Wilson	Unattached	MV45	01:09:59	+00:18:39
35th	90	Declan McGrellis	BARF	MV50	01:10:22	+00:19:02
36th	35	Alan Elwood	Unattached	MV50	01:10:51	+00:19:31
37th	86	Brian McGarvey	Unattached	M	01:11:12	+00:19:52
38th	145	Seamus White	Newcastle AC			+00:19:59
39th		Graham Hill	Ballydrain Harriers			+00:20:04
40th	81	James McCabe	Omagh Harriers	MV45	01:12:01	+00:20:41
		Duncan Millar	Ballymena Runners			+00:20:47
42nd		Andy Gregg	Larne AC			+00:20:55
43rd	89	Dominic McGreevy	Newcastle AC	MV65	01:12:20	+00:21:00
44th	7	Eamon Bradley	Omagh Harriers	М	01:13:04	+00:21:44
45th	106	Ivan Millar	Mourne Runners	MV50	01:13:15	+00:21:55

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RESULTS - PROVISIONAL

M Open - 12km 500m

Pos	No.	Name	Club	Cat	Time	Behind
46th	57	Ismail Karauzum	Scrabo Striders	MV50	01:13:34	+00:22:14
47th	138	Caolán Tierney	Unattached	М	01:13:35	+00:22:15
48th	110	Aaron Montgomery	Newry AC	MV45	01:14:30	+00:23:10
49th	67	Aaron Maguire	Unattached	М	01:14:55	+00:23:35
50th	101	Dermot Mcnamee	Unattached	MV50	01:15:08	+00:23:48
51st	119	James O'Brien	Unattached	М	01:15:11	+00:23:51
52nd	25	Garvin Doherty	Unattached	MV45	01:15:17	+00:23:57
53rd	29	Steve Drew	Unattached	М	01:15:25	+00:24:05
54th	107	Kyle Mills	KC Runners	М	01:16:03	+00:24:43
55th	125	Jason Procter	Na Fianna runners	MV45	01:16:08	+00:24:48
56th	46	Simon Hamilton	Portadown Running Club	MV50	01:17:00	+00:25:40
57th	38	John Fitzpatrick	Unattached	М	01:17:02	+00:25:42
58th	147	Andrew Wallace	Ballydrain Harriers	MV55	01:17:56	+00:26:36
59th	47	Shaun Henry	Unattached	MV60	01:20:00	+00:28:40
60th	2	Matthew Archer	Unattached	М	01:20:38	+00:29:18
61st	51	James Hughes	Springwell Running Club	MV50	01:21:11	+00:29:51
62nd	70	Colin Masson	Unattached	MV50	01:21:14	+00:29:54
63rd	82	Ian McClean	Unattached	MV45	01:21:18	+00:29:58
64th	144	Michael Ward	Omagh Harriers	MV55	01:22:03	+00:30:43
65th	58	Peter Kardos	Unattached	MV50	01:22:33	+00:31:13
66th	14	Patrick Chambers	Unattached	MV40	01:23:00	+00:31:40
67th	117	Simon Nicholl	Unattached	MV45	01:23:39	+00:32:19
68th	97	Billy McMahon	Unattached	MV55	01:24:25	+00:33:05
69th	98	Paul Dwane Mcmenamin	Unattached	М	01:24:42	+00:33:22
70th	76	Paul Mc Menamin	Unattached	MV55	01:24:43	+00:33:23
71st	77	Gary McAleer	Unattached	MV45	01:24:46	+00:33:26
72nd	36	Conor Farnan	BARF	MV55	01:25:33	+00:34:13
73rd	41	Daniel Fox	Unattached	М	01:25:47	+00:34:27
74th	11	Clarke Campbell	BARF	MV55	01:27:09	+00:35:49
75th	121	Paul O'Gara	ARD	MV50	01:28:09	+00:36:49
76th	61	lan Kenna	Carmen Runners	MV40	01:28:31	+00:37:11
77th	95	Chris Mcivor	Unattached	MV55	01:28:56	+00:37:36
78th	50	David Holloway	Adventure Running Donegal	MV55	01:31:35	+00:40:15
79th	114	Cuan Muyllaert	Unattached	MV40	01:34:58	+00:43:38
80th	60	Eric Kelly	Ard Hiking and Trail Running	MV45	01:36:42	+00:45:22
81st	123	Shaun Paskin	Unattached	М	01:36:52	+00:45:32
82nd	116	Graham Neilands	Unattached	MV55	01:36:57	+00:45:37
83rd	113	Brian Murphy	Unattached	MV45	01:37:19	+00:45:59
84th	103	Stuart McNeilly	Unattached	MV40	01:39:09	+00:47:49
85th	9	Willie John Brown	Mooreabbey milers	MV70	01:39:11	+00:47:51
86th	87	Mic McGettigan	Unattached	MV45	01:42:17	+00:50:57
87th	148	Andrew Wilmot	Springwell Running Club	MV60	01:50:46	+00:59:26
88th	74	Stephen Mc Cawille	Unattached	М	01:53:09	+01:01:49
89th	135	lan Taylor	BARF	MV75	01:53:36	+01:02:16

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F Open - 12km 500m

Pos	No.	Name	Club	Cat	Time	Behind
1st	150	Karen Wilton	Jog Lisburn Running Club	FV50	01:03:51	
2nd	23	Esther Dickson	Newry AC	F	01:04:51	+00:01:00
3rd	92	Nadine Mcintyre	Unattached	F	01:06:41	+00:02:50
4th	120	Bronagh O'Gara	ARD	FV45	01:09:15	+00:05:24
5th	68	Niamh Marrs	Glens Runners	FV40	01:10:07	+00:06:16
6th	124	Amanda Perry	Ballydrain Harriers	FV50	01:10:36	+00:06:45
7th	127	Bernadette Quinn	Springwell Running Club	F	01:10:53	+00:07:02
8th	139	Adele Tomb	Springwell Running Club	FV50	01:14:33	+00:10:42
9th	94	Nicola McIntyre	Jog Moira	FV50	01:15:20	+00:11:29
10th	108	Debbie Mingout	Ballydrain Harriers	FV45	01:15:47	+00:11:56
11th	65	Louise Likeman	Unattached	F	01:16:40	+00:12:49
12th	37	Shirley Farnan	BARF	FV55	01:16:58	+00:13:07
13th	112	Therese Mullan	Kc runners	FV60	01:18:39	+00:14:48
14th	102	Aine McNeill	Dromore AC	FV55	01:21:05	+00:17:14
15th	131	Fiona Stapleton	Ard	F	01:21:22	+00:17:31
16th	78	Sinead-Marie Mcallister	Larne AC	F	01:21:55	+00:18:04
17th	17	Carolyn Crawford	Springwell Running Club	FV40	01:23:57	+00:20:06
18th	75	Eimear Mc Dermott	ARD	FV50	01:24:30	+00:20:39
19th	13	Helen Cassidy	Physio & Co	FV50	01:24:40	+00:20:49
20th	56	Irena Kamyk	Unattached	FV40	01:25:52	+00:22:01
21st	142	Vicky Ward	BARF	F	01:27:38	+00:23:47
22nd	133	Sarah Steer	Orangegrove AC	F	01:28:40	+00:24:49
23rd	21	Sophie Dechant	Unattached	F	01:29:29	+00:25:38
24th	40	Siobhán Foley	Dunboyne AC	FV50	01:29:33	+00:25:42
25th	28	Emma Donnelly	Ballymena Runners	FV45	01:30:54	+00:27:03
26th	109	Naomi Montgomery	Coastal Runners	FV40	01:31:05	+00:27:14
27th	99	Joy McMinn	Unattached	FV40	01:31:28	+00:27:37
28th	22	Sharon Dickenson	Mourne Runners	FV45	01:33:52	+00:30:01
29th	122	Karolina Ostrowska	Ard Hiking and Trail Running	F	01:37:06	+00:33:15
30th	44	Siobhan Gorman	Unattached	F	01:37:12	+00:33:21
31st	43	Alex Gibson	KC Runners	F	01:37:17	+00:33:26
32nd	100	Laura McNamara	Unattached	F	01:39:34	+00:35:43
33rd	130	Emma Spence	Unattached	F	01:39:38	+00:35:47
34th	33	Eileen Duggan	Unattached	FV50	01:40:30	+00:36:39
35th	111	Tracey Montgomery	Unattached	FV45	01:52:07	+00:48:16
36th	27	Glenda Donald	Kc runners	FV45	01:52:12	+00:48:21
37th	62	Adrienn Kovacs	Unattached	FV50	02:06:00	+01:02:09
38th	146	Jacqueline Williamson	Star Running Club	FV45	02:07:58	+01:04:07
39th	66	Kayleigh Lyttle	Unattached	F	02:16:19	+01:12:28

MV40 - 12km 500m

Pos No. Name	Club	Cat	Time	Behind
1st 132 Jonny Steede	Glens Runners	MV40	00:54:43	
2nd 12 Paul Carron	Enniskillen RC	MV40 (01:07:11	+00:12:28

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MV40 - 12km 500m

Pos	No.	Name	Club	Cat	Time	Behind
3rd	14	Patrick Chambers	Unattached	MV40	01:23:00	+00:28:17
4th	61	lan Kenna	Carmen Runners	MV40	01:28:31	+00:33:48
5th	114	Cuan Muyllaert	Unattached	MV40	01:34:58	+00:40:15
6th	103	Stuart McNeilly	Unattached	MV40	01:39:09	+00:44:26

MV45 - 12km 500m

Pos	No.	Name	Club	Cat	Time	Behind
1st	54	Glynn Johnston	BARF	MV45	00:55:42	
2nd	69	John Marrs	Unattached	MV45	00:59:07	+00:03:25
3rd	4	Richard Bell	Mourne Runners	MV45	01:01:12	+00:05:30
4th	39	William Fleck	Ballymena Runners	MV45	01:03:46	+00:08:04
5th	129	Simon Reeve	Unattached	MV45	01:05:59	+00:10:17
6th	5	Owen Boden	Mourne Runners	MV45	01:08:42	+00:13:00
7th	59	Gareth Kelly	Armagh AC	MV45	01:09:13	+00:13:31
8th	149	Joe Wilson	Unattached	MV45	01:09:59	+00:14:17
9th	145	Seamus White	Newcastle AC	MV45	01:11:19	+00:15:37
10th	81	James McCabe	Omagh Harriers	MV45	01:12:01	+00:16:19
11th	110	Aaron Montgomery	Newry AC	MV45	01:14:30	+00:18:48
12th	25	Garvin Doherty	Unattached	MV45	01:15:17	+00:19:35
13th	125	Jason Procter	Na Fianna runners	MV45	01:16:08	+00:20:26
14th	82	lan McClean	Unattached	MV45	01:21:18	+00:25:36
15th	117	Simon Nicholl	Unattached	MV45	01:23:39	+00:27:57
16th	77	Gary McAleer	Unattached	MV45	01:24:46	+00:29:04
17th	60	Eric Kelly	Ard Hiking and Trail Running	MV45	01:36:42	+00:41:00
18th	113	Brian Murphy	Unattached	MV45	01:37:19	+00:41:37
19th	87	Mic McGettigan	Unattached	MV45	01:42:17	+00:46:35

MV50 - 12km 500m

Pos	No.	Name	Club	Cat	Time	Behind
1st	79	Paul Mcanespie	Armagh AC	MV50	00:57:31	
2nd	34	Stephen Duncan	Omagh Harriers	MV50	00:58:01	+00:00:30
3rd	90	Declan McGrellis	BARF	MV50	01:10:22	+00:12:51
4th	35	Alan Elwood	Unattached	MV50	01:10:51	+00:13:20
5th	105	Duncan Millar	Ballymena Runners	MV50	01:12:07	+00:14:36
6th	106	Ivan Millar	Mourne Runners	MV50	01:13:15	+00:15:44
7th	57	Ismail Karauzum	Scrabo Striders	MV50	01:13:34	+00:16:03
8th	101	Dermot Mcnamee	Unattached	MV50	01:15:08	+00:17:37
9th	46	Simon Hamilton	Portadown Running Club	MV50	01:17:00	+00:19:29
10th	51	James Hughes	Springwell Running Club	MV50	01:21:11	+00:23:40
11th	70	Colin Masson	Unattached	MV50	01:21:14	+00:23:43
12th	58	Peter Kardos	Unattached	MV50	01:22:33	+00:25:02
13th	121	Paul O'Gara	ARD	MV50	01:28:09	+00:30:38

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MV55 - 12km 500m

Pos	No.	Name	Club	Cat	Time	Behind
1st	128	Billy Reed	East Antrim Harriers	MV55	01:02:08	
2nd	49	Stephen Hoey	Jog Lisburn Running Club	MV55	01:05:20	+00:03:12
3rd	32	Mark Dugan	Ballydrain Harriers	MV55	01:07:02	+00:04:54
4th	15	Clive Coffey	Physio & Co	MV55	01:07:06	+00:04:58
5th	48	Graham Hill	Ballydrain Harriers	MV55	01:11:24	+00:09:16
6th	45	Andy Gregg	Larne AC	MV55	01:12:15	+00:10:07
7th	147	Andrew Wallace	Ballydrain Harriers	MV55	01:17:56	+00:15:48
8th	144	Michael Ward	Omagh Harriers	MV55	01:22:03	+00:19:55
9th	97	Billy McMahon	Unattached	MV55	01:24:25	+00:22:17
10th	76	Paul Mc Menamin	Unattached	MV55	01:24:43	+00:22:35
11th	36	Conor Farnan	BARF	MV55	01:25:33	+00:23:25
12th	11	Clarke Campbell	BARF	MV55	01:27:09	+00:25:01
13th	95	Chris Mcivor	Unattached	MV55	01:28:56	+00:26:48
14th	50	David Holloway	Adventure Running Donegal	MV55	01:31:35	+00:29:27
15th	116	Graham Neilands	Unattached	MV55	01:36:57	+00:34:49

MV60 - 12km 500m

Pos	No.	Name	Club	Cat	Time	Behind
1st	71	Dale Mathers	Mourne Runners	MV60	01:06:50	
2nd	140	Andrew Topping	East Coast AC	MV60	01:08:23	+00:01:33
3rd	47	Shaun Henry	Unattached	MV60	01:20:00	+00:13:10
4th	148	Andrew Wilmot	Springwell Running Club	MV60	01:50:46	+00:43:56

MV65 - 12km 500m

Pos	No.	Name	Club	Cat	Time Behind
1st	89	Dominic McGreevy	Newcastle AC	MV65	01:12:20

MV70 - 12km 500m

Pos No. Name Club Cat Time Behi

1st 9 Willie John Brown Mooreabbey milers MV70 01:39:11

MV75 - 12km 500m

Pos No. Name	Club	Cat	Time Behind

1st 135 Ian Taylor BARF MV75 01:53:36

FV40 - 12km 500m

Pos	No.	Name	Club	Cat	Time	Behind
1st	68	Niamh Marrs	Glens Runners	FV40	01:10:07	
2nd	17	Carolyn Crawford	Springwell Running Club	FV40	01:23:57	+00:13:50
3rd	56	Irena Kamyk	Unattached	FV40	01:25:52	+00:15:45
4th	109	Naomi Montgomery	Coastal Runners	FV40	01:31:05	+00:20:58

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FV40 - 12km 500m

Pos No.	Name	Club	Cat	Time	Behind
5th 99	Joy McMinn	Unattached	FV40 0	1:31:28 -	+00:21:21

FV45 - 12km 500m

Pos	No.	Name	Club	Cat	Time	Behind
1st	120	Bronagh O'Gara	ARD	FV45	01:09:15	
2nd	108	Debbie Mingout	Ballydrain Harriers	FV45	01:15:47	+00:06:32
3rd	28	Emma Donnelly	Ballymena Runners	FV45	01:30:54	+00:21:39
4th	22	Sharon Dickenson	Mourne Runners	FV45	01:33:52	+00:24:37
5th	111	Tracey Montgomery	Unattached	FV45	01:52:07	+00:42:52
6th	27	Glenda Donald	Kc runners	FV45	01:52:12	+00:42:57
7th	146	Jacqueline Williamson	Star Running Club	FV45	02:07:58	+00:58:43

FV50 - 12km 500m

	Pos	No.	Name	Club	Cat	Time	Behind
•	1st	150	Karen Wilton	Jog Lisburn Running Club	FV50	01:03:51	
	2nd	124	Amanda Perry	Ballydrain Harriers	FV50	01:10:36	+00:06:45
	3rd	139	Adele Tomb	Springwell Running Club	FV50	01:14:33	+00:10:42
	4th	94	Nicola McIntyre	Jog Moira	FV50	01:15:20	+00:11:29
	5th	75	Eimear Mc Dermott	ARD	FV50	01:24:30	+00:20:39
	6th	13	Helen Cassidy	Physio & Co	FV50	01:24:40	+00:20:49
	7th	40	Siobhán Foley	Dunboyne AC	FV50	01:29:33	+00:25:42
	8th	33	Eileen Duggan	Unattached	FV50	01:40:30	+00:36:39
	9th	62	Adrienn Kovacs	Unattached	FV50	02:06:00	+01:02:09

FV55 - 12km 500m

Pos	No.	Name	Club	Cat	Time	Behind
1st	37	Shirley Farnan	BARF	FV55	01:16:58	
2nd	102	Aine McNeill	Dromore AC	FV55	01:21:05	+00:04:07

FV60 - 12km 500m

Pos No. Name	Club	Cat	Time Behind

1st 112 Therese Mullan Kc runners FV60 01:18:39